



The Avenue Medical Practice

August 2017
Issue 4

Newsletter

Dr First Appointment System

Dr First has now been running for over 6 months and has been very popular with patients. The doctors can become very busy, it is helpful if patients can contact the surgery before 12 noon for a ring back from the doctor. If requesting a home visit please ring the surgery before 10AM if possible. It helps GP's prioritise calls if you feel able to tell the receptionist what the problem is. Non urgent calls may be returned much later in the day if the doctors are busy, or even the following day.



Shingles Vaccination

Who is eligible?

Aged 70 Years?

Plus anyone in their 70s who was born after 1st September 1942 and has not yet had a vaccine.

Aged 78 Years?

Plus anyone aged 79 years old who has missed out on the vaccine.

Protect yourself from the pain of shingles!

Speak to the surgery about having your vaccine today!



We thought you would like to know who our clinical staff are:

Doctors

Dr. D Curran (F)

Dr. N Hegde (M)

Dr. Bowry (F)

Dr. G Pettinger (M)

Dr. P J Woodcock (M)

Clinical Practitioners

Sarah Fisher

Minion Green

Julie Walker

Practice Nurses

Sue Dean

Sherry D'Andrade

Health Care Assistants

Stacey Hague

Joel Gough

Gill Bright

Phlebotomist

Sara Newton

Patient information regarding long term condition clinics – ie Diabetes, Cardio and Hypertension

Please be aware that your annual review will be in your birthday month. Please make a note on your calendars to ensure that you book approximately 1 month beforehand. You should ensure that you are given 2 appointments, the first for blood test and the second for the relevant clinic. However, Diabetic patients are seen every 6 months, unless you are advised differently at your review appointment. During this appointment all of your medications should be reviewed and updated and therefore you do not need a separate appointment with a GP.

Please always remember to ask for a urine sample bottle when you come for your blood test.

ASTHMA and COPD- you are recommended to have annual reviews in your birthday month you do not need blood taking first.

Nursing team update

Sue Dean is currently training to share the diabetic clinics with Sarah. From July Sue will be doing the Tuesday afternoon clinic and Sarah will be doing the Wednesday morning and afternoon clinics.

We have a new practice nurse just started this month, Her name is Sherry, She has a wealth of experience and currently works in the prison sector also. She is going through a period of induction. We warmly welcome her and wish her all the best.

Person centred care planning

Sarah and Julie are working on providing person specific care plans for various cohorts of people. Currently these include all patients with Dementia, housebound COPD patients, patients aged over 90 and anyone who is clinically assessed as requiring extra input to help maintain and improve their health and reduce unnecessary admission to hospital.

If we have not reached you yet and you fall into one of these categories please do not hesitate to ask us! There are leaflets in the surgery explaining more about this. We will be looking for relatives of patients of whom we make care plans for to assist in making this programme better so if you have a relative that we see and would like to give input please speak to Sarah.



Do you use our online services?

Why not sign up for SystmOnline service which allows you to book and cancel appointments and order repeat Prescriptions?

You can also register to access your Summary Patient Record .

If you have not registered previously or have forgotten your details, please contact Reception for your logon details, Then follow the link on our website:

www.theavenuemedicalpractice.co.uk

Born between 1 September 1998 and 31 August 1999

Leaving school or college?

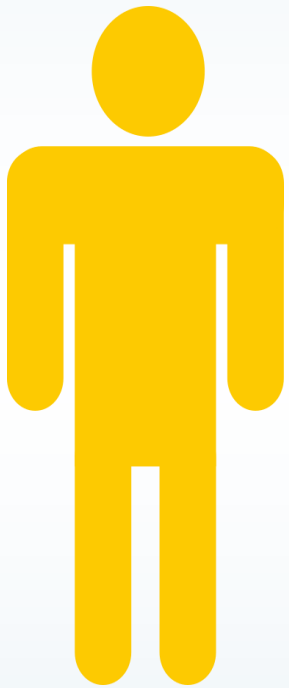
Whatever you do next, get your

Men ACWY Vaccine

Getting the Men ACWY vaccine from your GP

save your life

SIGNS AND SYMPTOMS



- Pale, blotchy skin with or without a rash
- Irritability and/or confusion
- Severe headache or muscle pains
- Dislike of bright lights
- Stiff neck
- Convulsions/seizures
- Fever, cold hands and feet
- Vomiting and diarrhoea
- Drowsiness, difficult to wake up
- Feeling really ill

Not everyone will develop these symptoms and they can appear in any order.

Your vaccine helps protect you from four types of meningitis and blood poisoning - Men A, C, W and Y. But there are other types so you need to know the signs and symptoms. Being aware could help keep you and your friends safe.

Manage Your Health

Did you know that on the counterfoil of your prescriptions it tells you when your next review date is?
It will also inform you of any blood tests or appointments that the GP would like you to make!

Recent Changes @ The Avenue Medical Practice

We have recently implemented a new text messaging service to help **YOU** remember your appointments as well as sending you important information from the surgery direct to your phone! This also can reduce the time you have to wait on the phone to cancel an appointment.

Please help us to help you by completing the slip below!

Email Addresses

If you would like to receive this Newsletter electronically please inform us of your email address
Thank you

REPEAT PRESCRIPTIONS

Please remember, we are very busy so wherever possible, it would be very helpful if you could allow 72 hours for the collection of your repeat prescription. Please put a ✓ next to the items you are requesting and NOT an X

Thank you for your help



Help The Avenue Medical Practice keep your contact information up to date by filling in the form below. This will allow The Avenue to keep you informed with new changes as well as appointment reminders!

Name: _____

Date of Birth: ____ / ____ / ____

Address: _____

Postcode: _____

Home Tel: _____

Mobile: _____

Work: _____

Email: _____

More than one patient at your address?

Please attach to a separate sheet so we can clearly see whose record we need to update. Thank You.